



Morning Messenger
Southminster-Steinhauer United Church
an Affirming Congregation within the United Church of Canada
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Easter 5

May 14, 2006

Welcome One and All!

TODAY:

- Family Sunday Worship Celebration and Baptism Learning Circles and Baby Care, 10:00 am
- Second Sunday Brunch, 11:30 am, Small Hall

THROUGH THE WEEK:

Monday

- Celebration Task Group, 7:00 pm, Lounge

Tuesday

- Tuesday Connection, Runaway Day
- Great Escape Planning, 7:00 pm, Lounge
- Property Management Committee, 7:15 pm, Small Hall

Wednesday

- Labyrinth, 7:00 pm, Large Hall

Thursday

- Adult Choir, 7:15 pm, Large Hall

Sunday, May 21, Easter 6

- Worship, Small Hall Event and Baby Care
Worship Leader: Bob Hetherington
- Seniors' Luncheon, 11:30 am, Small Hall

Sunday, May 28, Easter 7

- Worship, Learning Circles and Baby Care
Worship Leaders: Men's Group

Heartbeats

Our thoughts and prayers are with Dorothy Swanson, Leone Jobson, Jim Spiers and their families as they care for their elderly mothers.

Membership

If you are interested in formalizing your membership at Southminster-Steinhauer United Church by transfer or affirmation of faith, please contact Nancy at the church office as soon as possible.

Thank You to the Holy Land Tour Group

We extend our deep appreciation to the Holy Land Tour Group led by Bob and Marg Hetherington for the gift of the 'Tree of Life' carpet from a carpet school in Egypt. This gift takes its place among us as an important symbol of our connection with the children who crafted it.

Thank You for the Chalice

We extend our gratitude to Bob and Marg Hetherington for the 'Jerusalem chalice' gifted to the congregation from their recent Holy Land Tour. We receive this gift with our sincere appreciation. As it takes its place on our table, it joins us to the long story of our tradition birthed in the land of your recent journeys.

An Invitation

Nancy and Dawn warmly invite members and friends of Southminster-Steinhauer United Church who wish to celebrate their marriage to join them at the church on July 29th at 7PM for their service of commitment. Please pick up the invitations have been placed in your mailboxes. If your mailbox was inadvertently missed and you would like to attend, please phone 922-1981 or email dwaringca@yahoo.ca. If you received an invitation and are unable to attend, please leave your invitation in the church office for reuse. If you are intending to celebrate with Dawn and Nancy, please provide your RSVP as soon as possible.

Study Leave

Nancy will be away from the office on study leave this week. If you require pastoral assistance, please contact the church office or call 922-1981.



Thank You! Thank You!

Our Garage Sale fundraiser was a huge success. Over \$5,000 was realized on sale day with final numbers to come. Proceeds will be for general revenue. This would have not been possible without the great team of people who contributed their time and energy. Thank you one and all!

PS The jellybean jar winner was Jim Spiers. There were 494 jellybeans in the jar and Jim guessed 492!

**Second Sunday Brunch
Today, 11:30 am, Small Hall**

Please join us today to help make Second Sunday Brunch special as we celebrate the mothers and all who mother in our congregation.

**Book Club Luncheon
Monday, May 15, 11:45 am
12235 - 41 Avenue**



**Children's Clothing/Toys Swap Meet
Sunday, June 4 and June 11, 11:30 am
Basement Level**

Everyone is welcome to participate in this annual event. Your donations can be dropped off at the church office weekdays between 9:00 am and noon. If you wish more information, please contact the church office at 435-2028.

YOSS News

Thanks to our youth and to everyone who supported their Easter Vigil and Wake-A-Thon. Collectively the youth raised \$400 in support of Hope International, "Clean Spring Water for Villages in Ethiopia." The Canadian International Development Agency (CIDA) will match two dollars for everyone dollar the youth raised for a total of \$1,200 for this project. Thanks to Anne and Jack McCracken who shared their Ethiopian experiences with the youth.



**Seniors' Luncheon
Sunday, May 21, 11:30 am, Small Hall**

A prepared luncheon is available at a suggested donation of \$4.00. Contact the church office at 435-2028 for additional information.

Morning Messenger Via Email?

If you would like to receive this publication via email, please use our signup sheet in the foyer. Please note that hotmail addresses are not usually capable to receive this large document. You may also contact Pat in the office at 435-2028.

**Bridge Wind-Up
Saturday, June 3, 7:00 pm, Small Hall**



To all persons who played bridge this past year in the church bridge club, regularly or as a spare, or who may be interested in playing next year, please join us. We will have dessert and then play a few rounds of bridge. Please contact the church office if you have any questions or are planning to attend.

**Silvertones Barbeque
Monday, June 4**

Details to be announced
Well done choir - see you in the fall!

Choir Practices - Men's Chorus

Sunday, May 28, 9:15 am, Practice & Sing during service
Great job men, see you in the fall!



AN AFFIRMING CONGREGATION

Southminster-Steinhauer is an **Affirming Congregation**, a designation that signals our commitment to be a Christian community that is inclusive of all people, including lesbian, gay, bisexual and transgender people, their families and friends.

For more **information**, please call **Charles Bidwell, 436-8774, or Mieke Wharton, 435-1219.**

On the second Sunday of the month, a special opportunity for fellowship is offered, referred to as the **"Second Sunday Brunch."** All are welcome.

Set-up Teams

May 21 (Team 1)
May 28/June 4 (Team 6)

Baby Care Teams

May 21 Kevin Bittorf, Jane Smith, Susan Frame
May 28 Ann Simard, Aurora Allison, Wendy Adams

If you are unable to make your dates, please call someone else on the schedule and make a trade. We are looking for that special person to be our Baby Care Coordinator. Please contact the office if you can help.

Outside Bookings

Tues. May 16 Church Office Administrators Luncheon
12:00, Small Hall
Wed. May 17 Twin Brooks Moms, 10:00 am, Small Hall

From Your Outreach Committee

Camperships: Please consider helping sponsor a child (or a family) to attend a summer camp at Wohelo or Maskepetoon (United Church Camps on Pigeon Lake). In past years we have had children referred from McKee School. If you have contacts with children who need financial assistance, please call Carol Allen at 434-1294 or Camp Wohelo at 430-4062. If you are able to donate, please clearly mark your cheques "Campership Donation" and add to your regular offering.

**National Day of Healing & Reconciliation
Friday, May 26, at 12:00 Noon
City Hall, #1 Sir Winston Churchill Square**

Join elected representatives and community members on a path of understanding and acceptance in a journey towards a collective healing as a community and nation.
RSVP to Miranda at 447-9342 or info@ndhr.ca.

**Call for Photos
2008 United Church Bulletin Covers
Deadline: June 30, 2006**

For more information, please contact the church office at 435-2028.

**A Taste of Africa
Friday, June 2, St. Andrews United Church Hall
9915 - 148 Street
Cocktails: 6:30 pm, Program & Dinner 7:00 pm**

Come experience a taste of Africa through story, music and food! Raffles, auctions and items available to purchase throughout the evening.
Tickets: \$45 each (tax receipt for \$25). All proceeds to support the "Face to Face with Zambia" visit to Alberta in March 2007. For more information or to purchase tickets contact Colleen at 455-9650 or Debbie at 458-9286.

**Kirk United Church 50th Anniversary
Saturday, June 10, 1:00 pm - 4:00 pm, Open House
6:00 pm, 50th Anniversary Dinner,
8:00 pm, Program, 13535 - 122 Avenue**

Kirk United Church is celebrating its 50th anniversary and the congregation invites former members and adherents to return and join in marking the happy occasion. On Saturday afternoon, there will be an open house with displays. A dinner will follow that evening. Sunday's events include a commemorative service in the morning, the planting of five trees beside the church and an informal coffee and cake get-together. Limited seating. RSVP by Saturday, May 27. To order tickets, please include your name and the number of people attending and make cheques payable to Kirk United Church Anniversary Committee. Tickets: \$20. For more information, please call Kirk United at 455-0453.

Southminster-Steinhauer Foyer Mailboxes Update

The following people have been issued mailboxes recently. Our mailboxes are located in the foyer to provide a way of communicating with everyone. If your name is here, please check your mailbox - you may have mail!

Darlene Bayers & Ethel Serbu Box #20
Erin & Craig Marple Box #55
Simone Demers & Sylvia MacKinnon Box #60
Paul & Sandra Duteau Box #74
Cathie Kimery Box #130
Lori & John Nordland Box #211
Michael & Kara Walters Box #270



Camp Wohelo Needs You!!

- Volunteers for 5 days in July for Camp Mom, for a first-aider, LPN or registered nurse and a leader in training
- Team members and treasurer to work with bookkeeper
- Double size mattress.

If you can help or donate, please contact Carol at 434-1294 or Danette at 430-4062.

Brochures are available in the foyer. Please note our new camp "Music/Drama Camp", July 29 - August 2 for girls 6-16 years old.

**Capital Health Helps Chronic Disease Sufferers
to Live Better Every Day
Program Starts at Southminster-Steinhauer
Thursday, June 15, 9:30 am, Small Hall**

A new workshop series is now available to individuals in the Capital Health Region who live with a long-term condition such as arthritis, diabetes, asthma or heart disease. *Live Better Every Day* workshops help sufferers to take care of their chronic health problems, carry on with their normal daily activities, and manage the emotional changes that come with living with a long-term illness.

"The workshops help people to become active in determining their own care path," said Peggy Clarke, program coordinator. "They help people to accept their condition and make the best of it."

The workshops are based on a successful model developed at Stanford University. Patients learn how to solve problems and create solutions to live better. They are given the knowledge and resources to help them cope with their condition.

Furthermore, those who lead the workshops live with chronic diseases themselves. This peer-led format provides a safe environment for people to share their feelings and ideas.

During the six, 2.5-hour sessions, participants will also learn about nutrition, exercise, relaxation and breathing techniques. At present, the sessions are free and they include the book *Living a Healthy Life with Chronic Conditions* and a relaxation CD.

For more information on the sessions, please contact the church office at 435-2028 or check our bulletin boards.

**Annual Yard Sale
Friday, May 26 - Saturday, May 27, 9:00 am
McClure United Church, 13708 - 74 Street
For more information please call 475-8496.**

**Jellinek House Hosts Earnie Larsen
Topic: Second Stage Recovery
Friday, May 26, 7:30 pm - 9:00 pm and
Saturday, May 27, 10:00 am - 1:00 pm.
Royal Alberta Museum, 12845 102 Avenue**

Jellinek House is a recovery home for 16 men who live there for up to 6 months and become involved in the AA program for alcoholics, or the NA program for narcotics addicts or CA for cocaine users. Through the fellowship of the other residents who are all going through the steps of recovery and through AA meetings with other AA members from the city, a significant number of these men are able to maintain their sobriety and become contributing citizens again. The Alberta government strongly supports this program through AADAC and Jellinek House is supported by the United Church of Canada. See bulletin board for more information. Tickets: \$75. Call Don Mayne at 466-2757 or email at dmayne@compusmart.ab.ca