

Growing
Together



Reaching Out

Morning Messenger

Southminster-Steinhauer United Church

an Affirming Congregation within the United Church of Canada

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Easter 4

May 7, 2006

Welcome One and All!

TODAY:

- Worship Celebration with Communion Learning Circles & Baby Care, 10:00 am
- Home Communion
- Spring Concert - Ewald Cheung, 3:00 pm

THROUGH THE WEEK:

Monday

- Children's Choir (K-6), 5:00 pm, Small Hall
- Healing Pathway, 7:00 pm, Lounge

Tuesday

- Tuesday Connection, 9:15 am, Small Hall
- Family Camp Planning, 7:00 pm, Lounge

Wednesday

- Worship Committee, 11:30 am, Board Room
- Congregational Care Committee, 1:00 pm, Lounge
- Lands of the Bible, 7:00 pm, Large Hall

Thursday

- Outreach Committee, 7:00 pm, Lounge
- Silvertones, 6:30 pm, Large Hall
- Adult Choir, Men's Chorus, 7:30 pm, Large Hall

Sunday, May 14, Easter 5

- Family Sunday Worship Celebration and Baptism Learning Circles and Baby Care, 10:00 am
- Second Sunday Brunch, 11:30 am, Small Hall

Sunday, May 21, Easter 6

- Worship, Small Hall Event and Baby Care
- Worship Leader: Bob Hetherington

Heartbeats

Our sincere sympathies and prayerful thoughts are with Leanne Reeb and her family following the death of Leanne's grandmother.

Our thoughts and prayers are with Robin Mitchelson as she cares for her mother in Calgary.

Congratulations

Congratulations to Cam and Sandra Graham on the birth of their grandson, Samuel MacDonald Graham, born on April 18, 2006. This is the fifth son to David and Maureen. They also have one daughter.

Membership

If you are interested in formalizing your membership at Southminster-Steinhauer United Church by transfer or affirmation of faith, please contact Nancy at the church office as soon as possible.

Spring Concert Series

A Fundraiser for Southminster-Steinhauer Today, 3:00 pm, Ewald Cheung Violin Concert



Tickets available at the door.

News From Your Board

The Board has authorized the formation of two task groups to coordinate a Visioning Plan and the Anniversary Celebration. The conveners, Bill Robertson for Visioning and Anne McCracken for the Anniversary Celebration, would welcome volunteers and/or positive ideas.

**2006 Global Day of Prayer
Sunday, June 4, 3:00 pm - 5:00 pm
Alberta Legislature Bandshell**

Get all the information on the 2006 Global Day of Prayer at www.GlobalDayofPrayer.ca

Choir Practices - Men's Chorus

- Thursday, May 11, 7:30 pm, Large Hall
 - Sunday, May 14, Sing with adult choir during worship
 - Sunday, May 28, 9:15 am, Practice & Sing for service
- Great job men, see you in the fall!



Family Camp Planning

Tuesday, May 9, 7:00 pm, Lounge

Everyone is welcome to attend and offer input. We are tentatively scheduled to arrive at Camp Wohelo on Friday, September 15. There will be Saturday activities and then back home on Saturday evening. Please contact the church office at 435-2028 for more information.

Celebration Task Group (Church Anniversary)



Would you like to be part of this group or do you have ideas on events or projects that you would like the task group to consider for our 40/30 church anniversary in 2007? We would like to set dates and timelines soon. You are invited to contact the church office at 435-2028 or email janmc@shaw.ca We look forward to your input.

Family Bowling

Sunday, May 7, 2:00 pm

Gateway Recreation Centre, 3414 Gateway Blvd.

Please use the sign-up sheet in the foyer. Discount passes will be provided to all families when we meet in the lobby at Gateway Recreation Centre. Contact the church office for more info.

**Experience the Lands of the Bible
Wednesday, May 10, 7:00 pm, Large Hall**

Fifteen SSUC members recently visited Egypt, Jordan, and Israel on an eighteen day tour, a special journey never to be forgotten. Come see our pictures, hear our stories, share our memories. Everyone is welcome to attend.

YOSS News - Volleyball Night

Friday, May 12, 7:00 pm

Knox Metropolitan United Church, 8307 - 109 Street

Teams include SSUC, Knox and Robertson-Wesley

Inviting Circle

Sunday, May 7, 7:00 pm

Grace United Church, 6215 - 104 Avenue

Youth and young adult led worship for Edmonton Presbytery.

**Second Sunday Brunch
Sunday, May 14, (Mother's Day)**

11:30 am, Small Hall

We need your help to make Second Sunday Brunch special as we celebrate the mothers and all who mother in our congregation. Your help is needed with food preparation, serving, set-up, clean-up and of course with eating. Sign-up sheets are in the foyer.

**Alberta's Seniors Deserve Better
Public Forum and Campaign Launch**

Tuesday, May 9, 1:00 pm

Stanley A. Milner Library, Churchill Square

Seniors' groups and all those concerned about the wellbeing of Alberta's senior citizens are invited to attend and participate in this launch.

Seniors' Luncheon

Sunday, May 21, 11:30 am, Small Hall



A prepared luncheon is available at a suggested donation of \$4.00. Contact the church office at 435-2028 for additional information.

Bissell Centre Needs Volunteers

If you can afford to give a half day once a week or even once a month to assist in our food room, we would be very grateful. We receive food to use for meals for our children and casual labour workers for their bagged lunches everyday. Contact Bev Zubot at 423-2285 ext. 134 for more information on how you can help!

Choir Practices - Silvertones

- Thursday, May 11, 6:30 pm, Practice and join adult choir
 - Sunday, May 14, Sing with adult choir during worship
 - Monday, June 5, Barbeque Party (details to be announced)
- Well done choir - see you in the fall!



AN AFFIRMING CONGREGATION

Southminster-Steinhauer is an **Affirming Congregation**, a designation that signals our commitment to be a Christian community that is inclusive of all people, including lesbian, gay, bisexual and transgender people, their families and friends.

For more information, please call **Charles Bidwell, 436-8774, or Mieke Wharton, 435-1219.**

On the second Sunday of the month, a special opportunity for fellowship is offered, referred to as the **"Second Sunday Brunch."** All are welcome.

Set-up Teams

May 14/21 (Team 1)

May 28/June 4 (Team 6)

Baby Care Teams

May 14 Karen Gray, Margaret Powell, Shirley Caruth

May 21 Kevin Bittorf, Jane Smith, Susan Frame

If you are unable to make your dates, please call someone else on the schedule and make a trade. We are looking for that special person to be our Baby Care Coordinator. Please contact the office if you can help.

Outside Bookings

Wed. May 10 Twin Brooks Moms, 10:00 am, Small Hall

Fri. May 12 Edmonton Presbytery Archives, 9:30 am, Small Hall

Call for Photos

2008 United Church Bulletin Covers

Deadline: June 30, 2006

For more information, please contact the church office at 435-2028.

From Your Outreach Committee

Camperships: Please consider helping sponsor a child (or a family) to attend a summer camp at Wohelo or Maskepetoon (United Church Camps on Pigeon Lake). In past years we have had children referred from McKee School. If you have contacts with children who need financial assistance, please call Carol Allen at 434-1294 or Camp Wohelo at 430-4062. If you are able to donate, please clearly mark your cheques "Campership Donation" and add to your regular offering.

Dinner Theatre

Saturday, May 13, 5:00 pm

Stony Plain United Church, 5012 - 51 Avenue

SPUC youth group will be performing a play by Scott Douglas entitled "Maybe One?"

Tickets: \$8 Adult; \$5 (3-12 yrs); Free Under 2; \$25 Family

Tickets available in the church office 963-4745 until May 9th.

Proceeds from this event will support the Mission and Service Fund designated to World Development and Relief.

National Day of Healing & Reconciliation

Friday, May 26, at 12:00 Noon

City Hall, #1 Sir Winston Churchill Square

Join elected representatives and community members on a path of understanding and acceptance in a journey towards a collective healing as a community and nation.

RSVP to Miranda at 447-9342 or info@ndhr.ca. Confirmation of your attendance would be appreciated by May 5.

A Taste of Africa

Friday, June 2, St. Andrews United Church Hall

9915 - 148 Street

Cocktails: 6:30 pm, Program & Dinner 7:00 pm

Come experience a taste of Africa through story, music and food!

Raffles, auctions and items available to purchase throughout the evening.

Tickets: \$45 each (tax receipt for \$25). All proceeds to support the

"Face to Face with Zambia" visit to Alberta in March 2007. For

more information or to purchase tickets contact Colleen at

455-9650 or Debbie at 458-9286.

Kirk United Church 50th Anniversary

Saturday, June 10, 1:00 pm - 4:00 pm, Open House

6:00 pm, 50th Anniversary Dinner,

8:00 pm, Program, 13535 - 122 Avenue

Kirk United Church is celebrating its 50th anniversary and the congregation invites former members and adherents to return and join in marking the happy occasion. On Saturday afternoon, there will be an open house with displays. A dinner will follow that evening. Sunday's events include a commemorative service in the morning, the planting of five trees beside the church and an informal coffee and cake get-together. Limited seating. RSVP by Saturday, May 27. To order tickets, please include your name and the number of people attending and make cheques payable to Kirk United Church Anniversary Committee. Tickets: \$20. For more information, please call Kirk United at 455-0453.

Camp Wohelo Needs You!!

➤ Volunteers for 5 days in May (eg: Moms & Kids camp), for a first-aider, LPN or registered nurse

➤ Team members and treasurer to work with bookkeeper

➤ Double size mattress.

If you can help or donate, please contact the church office at 435-2028.

Brochures are available in the foyer. Please note our new camp "Music/Drama", July 29 - August 2 for girls 6-16 years old.

Capital Health Helps Chronic Disease Sufferers to Live Better Every Day

Program Starts at Southminster-Steinhauer Thursday, June 15, 9:30 am, Small Hall

A new workshop series is now available to individuals in the Capital Health Region who live with a long-term condition such as arthritis, diabetes, asthma or heart disease. *Live Better Every Day* workshops help sufferers to take care of their chronic health problems, carry on with their normal daily activities, and manage the emotional changes that come with living with a long-term illness.

"The workshops help people to become active in determining their own care path," said Peggy Clarke, program coordinator. "They help people to accept their condition and make the best of it."

The workshops are based on a successful model developed at Stanford University. Patients learn how to solve problems and create solutions to live better. They are given the knowledge and resources to help them cope with their condition.

Furthermore, those who lead the workshops live with chronic diseases themselves. This peer-led format provides a safe environment for people to share their feelings and ideas.

During the six, 2.5-hour sessions, participants will also learn about nutrition, exercise, relaxation and breathing techniques. At present, the sessions are free and they include the book *Living a Healthy Life with Chronic Conditions* and a relaxation CD.

For more information on the sessions, please contact the church office at 435-2028 or check our bulletin boards.

Spring Plant Sale

Thursday, May 18 - Monday, May 22

Chalmers-Castle Downs United Church

123A Street and 132 Avenue

See details on bulletin board.

Annual Yard Sale

Friday, May 26 - Saturday, May 27, 9:00 am

McClure United Church, 13708 - 74 Street

For more information please call 475-8496.

Jellinek House Hosts Earnie Larsen

Topic: Second Stage Recovery

Friday, May 26, 7:30 pm - 9:00 pm and

Saturday, May 27, 10:00 am - 1:00 pm.

Royal Alberta Museum, 12845 102 Avenue

Jellinek House is a recovery home for 16 men who live there for up to 6 months and become involved in the AA program for alcoholics, or the NA program for narcotics addicts or CA for cocaine users. Through the fellowship of the other residents who are all going through the steps of recovery and through AA meetings with other AA members from the city, a significant number of these men are able to maintain their sobriety and become contributing citizens again. The Alberta government strongly supports this program through AADAC and Jellinek House is supported by the United Church of Canada. See bulletin board for more information. Tickets: \$75. Call Don Mayne at 466-2757 or email at dmayne@compusmart.ab.ca

Sherwood Park United Church

5th Annual Women's Retreat

Weekend of June 2-4 at Rundle Mission

Please call Elaine Wismer at 464-3505 or Sherwood Park United Church at 467-7377 to register. Cost \$100.